

CCCATA Sport Specific COVID-19 Event Recommendations

SPORT	Screening & Testing	COVID-19 Modifications
Badminton	<ul style="list-style-type: none"> Go through the daily screening process on your campus before leaving to competition. Testing all student athletes and personnel weekly PCR three times per week on nonconsecutive days or daily antigen. Testing is also required 48 hours <u>before every</u> contest. 	<p>General Guidelines</p> <ul style="list-style-type: none"> Masks shall be worn at all times by all individuals in attendance other than when engaged in competition. This includes the bench. Physical distancing measures shall be in place at all times other than when engaged in competition. Hand sanitizer should be available for all participants and encouraged to use frequently during event. All equipment should only be sanitized by disinfectants from the EPA “List N: Disinfectants for COVID-19” Have a plan for student athlete, staff/ officials that start to have COVID-19 symptoms during contests. (ex: isolation area for county and/or on campus) Adhere to host school’s county guidelines. <p>Pre-game conference</p> <ul style="list-style-type: none"> Pre-match conference should ensure individuals maintain a physical distance of six feet and no handshakes prior or following. <p>Pre-Match and Post-Match Ceremonies</p> <ul style="list-style-type: none"> Physical distancing and masking requirement must be observed during all team meetings/huddles and during the playing of the national anthem. Suspend high fives, handshakes with opposing players and with teammates prior to and following matches. <p>Game shuttlecock/birdie sanitization</p> <ul style="list-style-type: none"> Athletes can provide their own shuttlecock/birdie and retrieve their own implements. If athletes cannot provide their own implements, then it is recommended that implements be sanitized between each use. Extra supplies of shuttlecocks/birdies should be available during matches if one become contaminated. <p>Equipment & Accessories</p> <ul style="list-style-type: none"> Limit the use of coaching equipment and disinfect the nylon birdies before and after using them. Encourage players to use their racquet/foot to return shuttlecocks (not hands). Masks and gloves are permissible. Players shall utilize their own bag to store all personal gear in designated area. <p>Water Bottles & Hydration Stations</p> <ul style="list-style-type: none"> Team members shall not share water bottles. Hydration stations may be utilized but should only be touched by individuals that have sanitized their hands and are wearing a mask. <p>Officials and Equipment</p> <ul style="list-style-type: none"> Officials will need to go through the daily screening station upon arriving at campus and to follow sport or county testing requirements. Officials shall follow physical distancing guidelines, should always wear masks. Officials should consider using an electric whistle.

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Baseball	<ul style="list-style-type: none"> Go through the daily screening process on your campus before leaving to competition. Surveillance PCR testing, 25%-50% of student-athletes and personnel every 1-2 weeks or by daily antigen testing. 	<p>General Guidelines</p> <ul style="list-style-type: none"> Masks shall be worn at all times by all individuals in attendance other than when engaged in competition. This includes the bench. Physical distancing measures shall be in place at all times other than when engaged in competition. Hand sanitizer should be available for all participants and encouraged to use frequently during event. All equipment should only be sanitized by disinfectants from the EPA "List N: Disinfectants for COVID-19" Have a plan for student athlete, staff/ officials that start to have COVID-19 symptoms during contests. (ex: isolation area for county and/or on campus) Adhere to host school's county guidelines. <p>Pregame Conference</p> <ul style="list-style-type: none"> Limit attendees to head coach of both teams and game umpires. All individuals must maintain physical distancing of six feet and no handshakes. Consider alternate line-up card exchanges. <p>Team Dugouts</p> <ul style="list-style-type: none"> Coaches, game personnel and players are only permitted in the dugout and must wear masks. Physical distance requirements must be observed and if the dugout area is not large enough, players and game personnel should move outside of the dugout. <p>Pre-Match and Post-Match Ceremonies</p> <ul style="list-style-type: none"> Physical distancing and masking requirement must be observed during all team meetings, introduction line and during the playing of the national anthem. Suspend pre-match and post-match handshakes (including winning team handshakes on the pitching mound). <p>Mound Visit</p> <ul style="list-style-type: none"> Limited to the catcher, pitcher, and the coach on the mound. Maintain physical distancing and coach needs to use a mask. Infielders would be allowed to meet around the mound if instructions are being given about specific scenarios and physical distancing must be maintained. <p>Press Box</p> <ul style="list-style-type: none"> Limit to scoreboard operator, announcer and statistician while maintaining physical distancing and masking guidelines. <p>Equipment Sanitization</p> <ul style="list-style-type: none"> Consider having the host school or each school provide their own balls for the game when they are on defense or pitching. <ul style="list-style-type: none"> Each team should be in charge of retrieving their own foul balls. Minimize the sharing of playing equipment (batting helmets, catchers gear, bats) during game. Equipment must be sanitized between usages of players. <p>Equipment & Accessories</p> <ul style="list-style-type: none"> Players shall utilize their own bag to store all personal gear in the dugout. Sanitize all equipment, bases and accessories after each game. <p>Water Bottles & Hydration Stations</p> <ul style="list-style-type: none"> Team members shall not share water bottles. Hydration stations may be utilized but should only be touched by individuals that have sanitized their hands and are wearing a mask. <p>Umpires and Equipment</p> <ul style="list-style-type: none"> Umpires will need to go through the daily screening station upon arriving at campus and to follow sport or county testing requirements. Umpires must wear masks at all times and should observe physical distance requirements when communicating with coaches, players and other umpires.

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Basketball	<ul style="list-style-type: none"> Go through the daily screening process on your campus before leaving to competition. If more than 1 game and 1 team per week, Testing all student athletes and personnel weekly PCR three times per week on nonconsecutive days or daily antigen. If 1 or 2 games per week with same team, not separated by more than one day: testing all student athletes and personnel weekly by PCR testing or daily antigen, but PCR test must be within 48 hours before scheduled game or if 2 games, 48 hours before second game. 	<p>General Guidelines</p> <ul style="list-style-type: none"> Masks shall be worn at all times by all individuals in attendance other than when engaged in competition. This includes the bench. Physical distancing measures shall be in place at all times other than when engaged in competition. Hand sanitizer should be available for all participants and encouraged to use frequently during event. All equipment should only be sanitized by disinfectants from the EPA “List N: Disinfectants for COVID-19” Have a plan for student athlete, staff/ officials that start to have COVID-19 symptoms during contests. (ex: isolation area for county and/or on campus) Adhere to host school’s county guidelines. <p>Pregame Conference</p> <ul style="list-style-type: none"> Limit attendees to the referee and a single captain from each team, physical distance of 6 feet. Suspend handshakes prior to and following the Pregame Conference. <p>Team Benches</p> <ul style="list-style-type: none"> Limit the number of bench personnel and add additional chairs or rows (checkerboard pattern) to allow bench personnel to observe physical distancing of 6-feet or greater. Athletes should observe physical distancing and wearing a mask while on the bench. <p>Substitution Procedures</p> <ul style="list-style-type: none"> Maintain physical distancing of six feet between the substitute, officials and/or teammate(s) by encouraging substitutions to occur closer to the center line. <p>Pre-Match and Post-Match Ceremonies</p> <ul style="list-style-type: none"> Physical distancing and masking requirement must be observed during all team meetings/huddles and during the playing of the national anthem. Suspend high fives, handshakes with opposing players and with teammates prior to and following the game. <p>Officials’ Table</p> <ul style="list-style-type: none"> Limit to host schools essential game management personnel and make sure to maintain physical distancing and wear a mask at all times. Place the officials table sufficiently away from the sideline to allow for additional space for substitutes. <p>Timeouts</p> <ul style="list-style-type: none"> Consider how to modify timeouts to allow physical distancing and cleaning seats after each timeout. <p>Basketball Sanitation</p> <ul style="list-style-type: none"> Consider designating balls that each school will warm up with before the game and after halftime. Designate person that will be responsible for cleaning floor during game. Consider having rotation of multiple game balls to ensure a sanitized ball is available when needed. Sanitize balls before and after each competition. <p>Equipment & Surfaces</p> <ul style="list-style-type: none"> Players shall utilize their own bag to store all personal gear on the sidelines. Sanitize all equipment and accessories after each game. <p>Water Bottles & Hydration Stations</p> <ul style="list-style-type: none"> Team members shall not share water bottles. Hydration stations may be utilized but should only be touched by individuals that have sanitized their hands and are wearing a mask. <p>Officials and Equipment</p>

		<ul style="list-style-type: none">• Referees will need to go through the daily screening station upon arriving at campus and to follow sport or county testing requirements.• Referees should be encouraged to wear masks at all times; however, if approached by a player or coach they must wear a mask.• Consider providing a separate room for officials that is large enough to allow physical distancing.<ul style="list-style-type: none">○ Recommend that officials come dressed ready for game based on locker room availability.• Officials should consider using an electric whistle.
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Beach Volleyball	<ul style="list-style-type: none"> Go through the daily screening process on your campus before leaving to competition. Surveillance PCR testing, 25%-50% of student-athletes and personnel every 1-2 weeks or by daily antigen testing. 	<p>General Guidelines</p> <ul style="list-style-type: none"> Masks shall be worn at all times by all individuals in attendance other than when engaged in competition. This includes the bench. Physical distancing measures shall be in place at all times other than when engaged in competition. Hand sanitizer should be available for all participants and encouraged to use frequently during event. All equipment should only be sanitized by disinfectants from the EPA "List N: Disinfectants for COVID-19" Have a plan for student athlete, staff/ officials that start to have COVID-19 symptoms during contests. (ex: isolation area for county and/or on campus) Adhere to host school's county guidelines. <p>Pre-Match Conference</p> <ul style="list-style-type: none"> Pre-match conference should ensure individuals maintain a physical distance of six feet and elimination of handshakes/high-fives. <p>Team Seats</p> <ul style="list-style-type: none"> Team seats need to be set up to allow for physical distancing. Consider having each school bring their own team seats and moving them when changing sides. If host school provides chairs, they need to be cleaned after each team uses them, between games and after matches. <p>Pre and Post Match Ceremony</p> <ul style="list-style-type: none"> Physical distancing and masking requirement must be observed during all team meetings, huddles and during the playing of the national anthem. Suspend high fives, handshakes with opposing players and with teammates prior to and following matches. <p>Scoring Table</p> <ul style="list-style-type: none"> Masks should be worn even if physical distancing can be maintained. Limit to essential personnel which may include the official scorer and scoreboard operator. Have the same team, work the table on specific courts through the whole match and sanitize the table and scoreboard between games/players. <p>Team Area/Tents</p> <ul style="list-style-type: none"> Players should only be in their team area between matches if not working scoring tables. Must wear masks and maintain physical distance while in the area/tent. Tents should be physically distanced from other teams. <p>Volleyball Sanitization</p> <ul style="list-style-type: none"> Teams should only use their own balls for pre-match warm-ups. The balls on each court should be cleaned before, in between games and at the end of the match as recommended by the ball manufacturer. A system should be put into place to make sure balls are not moved/used on different courts. (ex: mark balls with court numbers or colors) <p>Equipment & Accessories</p> <ul style="list-style-type: none"> Players shall utilize their own bag to store all personal gear in the team area Sanitize all equipment and accessories after each competition. <p>Water Bottles & Hydration Stations</p> <ul style="list-style-type: none"> Team members shall not share water bottles. Hydration stations may be utilized but should only be touched by individuals that have sanitized their hands and are wearing a mask. <p>Officials</p> <ul style="list-style-type: none"> Officials will need to go through the daily screening station upon arriving at campus and to follow sport or county testing requirements.

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| | | <ul style="list-style-type: none">• Officials shall follow physical distancing guidelines and always wear a mask.• Officials should consider using an electric whistle. |
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Cross Country	<ul style="list-style-type: none"> Go through the daily screening process on your campus before leaving to competition. Surveillance PCR testing, 25%-50% of student-athletes and personnel every 1-2 weeks or by daily antigen testing. 	<p>General Guidelines</p> <ul style="list-style-type: none"> Masks shall be worn at all times by all individuals in attendance other than when engaged in competition. This includes the bench. Physical distancing measures shall be in place at all times other than when engaged in competition. Hand sanitizer should be available for all participants and encouraged to use frequently during event. All equipment should only be sanitized by disinfectants from the EPA “List N: Disinfectants for COVID-19” Have a plan for student athlete, staff/ officials that start to have COVID-19 symptoms during contests. (ex: isolation area for county and/or on campus) Adhere to host school’s county guidelines. <p>Warmups</p> <ul style="list-style-type: none"> Teams should stay together, do not intermingle with other schools. No pre-race huddles and do not shake hands before or after the races/events. <p>Competition</p> <ul style="list-style-type: none"> Limit the number of runners per race or consider using staggered, wave or interval starts. The course should be widened to at least 6 feet at its narrowest point. If using team starting boxes, they should be a minimum of six feet away from each other or consider having runners wear facemasks, in the starting box and removing them once race has started. Finish line area should be enlarged for physical distancing guidelines. <ul style="list-style-type: none"> All participants must leave finish area when they are able. Consider using automatic timing systems or other means to decrease congestion at the finish line/area. Hip numbers or timing chips should be pre-packed for teams and distributed by the coach of the teams. <ul style="list-style-type: none"> Timing chips should be returned in the same package as distributed in Face coverings are permitted for runners to wear during the race/event. <p>Scorer’s/ Timers Area</p> <ul style="list-style-type: none"> Limit to essential personnel and need to always maintain physical distancing and masking guidelines. <p>Team Area/Tents</p> <ul style="list-style-type: none"> Athletes should be in their team area between races and warm up and cool down in designated area. Must wear masks and maintain physical distance while in the area/tent. Tents should be physically distanced from other teams. <p>Water Bottles & Hydration Stations</p> <ul style="list-style-type: none"> Team members shall not share water bottles. Each team should designate a person that will distribute water bottles for their team after the race. Hydration stations may be utilized but should only be touched by individuals that have sanitized their hands and are wearing a mask. <ul style="list-style-type: none"> If hosing event with multiple teams; consider having visiting teams bring cooler and host school will fill with water and ice for their personal use. <p>Equipment & Accessories</p> <ul style="list-style-type: none"> Players shall utilize their own bags to store all personal gear in team area. Sanitize all equipment and accessories after each competition. <p>Officials and Event Staff</p> <ul style="list-style-type: none"> Officials will need to go through the daily screening station upon arriving at campus and to follow sport or county testing requirements.

		<ul style="list-style-type: none">• Need to wear masks at all times and should observe physical distance requirements when communicating with coaches, players and other event personnel.
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Football	<ul style="list-style-type: none"> Go through the daily screening process on your campus before leaving to competition. Testing all student athletes and personnel weekly by PCR testing or by daily antigen testing. Testing is also required 48 hours <u>before every</u> contest. 	<p>General Guidelines</p> <ul style="list-style-type: none"> Masks shall be worn at all times by all individuals in attendance other than when engaged in competition. This includes the bench. Physical distancing measures shall be in place at all times other than when engaged in competition. Hand sanitizer should be available for all participants and encouraged to use frequently during event. All equipment should only be sanitized by disinfectants from the EPA “List N: Disinfectants for COVID-19” Have a plan for student athlete, staff/ officials that start to have COVID-19 symptoms during contests. (ex: isolation area for county and/or on campus) Adhere to host school’s county guidelines. <p>Pregame Conference, Coin Toss and Overtime Procedures</p> <ul style="list-style-type: none"> For the coin toss, limit attendees to the referee, umpire and one captain from each team at the center of the field and maintaining masking and physical distancing requirements. No handshakes prior to and following the coin toss. Maintain physical distancing while performing all pregame responsibilities with all officials, event staff, chain crew and press box staff. The same process will be used for overtime. <p>Team Box</p> <ul style="list-style-type: none"> The team box may be extended on both sides of the field to the 10-yard lines. Always maintain physical distancing of six feet while in the team box and wear a mask. Consider having additional personnel that will distribute disposable masks during the game. <p>Pre/Post-Game Ceremony</p> <ul style="list-style-type: none"> Physical distancing and masking requirement must be observed during all team meetings, huddles and during the playing of the national anthem. Suspend high fives, handshakes with opposing players and with teammates prior to and following the game. <p>Press Box</p> <ul style="list-style-type: none"> Masks should be worn at all times even if physical distancing can be maintained. Limit to essential personnel which could include: <ul style="list-style-type: none"> Official Scorer Scoreboard Operator Public Address Announcer Spotters Home Team Coaches Visiting Team Coaches <p>Timeouts</p> <ul style="list-style-type: none"> Consider how to modify timeouts to allow for physical distancing, to facilitate individual hydration and coaching. Limit player personnel in the timeout huddle and coaches are masked. <p>Football Sanitization</p> <ul style="list-style-type: none"> The football should be cleaned and sanitized before and after each competition as recommended by the ball manufacturer. <ul style="list-style-type: none"> Consider have rotation of footballs during the game to make sure a sanitized ball is available when needed. <p>Mouth Guard</p> <ul style="list-style-type: none"> Tooth and mouth protectors should be cleaned and sanitized after each practice and competition.

- Should never be shared and handled as few times as possible with your hands.

Equipment & Accessories

- Players shall utilize their own bag/locker to store all personal gear during the game.
- Sanitize all equipment and accessories after each game.

Water Bottles & Hydration Stations

- Consider how to organize and/or rotating water bottles during game and not sharing water bottles between team members.
- Hydration stations may be utilized but should only be touched by individuals that have sanitized their hands and are wearing a mask.

Chain Crew

- Should always have on a mask and try to maintain physical distancing when they are able to.

Officials

- Referees will need to go through the daily screening station upon arriving at campus and to follow sport or county testing requirements.
- Officials will be required to have their mask on before the snap of each play. Officials may remove the mask as they move toward the play or action in a live ball scenario.
- Consider providing a separate room for officials that is large enough to allow physical distancing.
 - Recommend that officials come dressed ready for game based on locker room availability.
- Any food/beverages provided to officials should be prepackaged/bottled or ask officials to bring their own.
- Officials should consider using an electric whistle.

Media

- Allowed to be in the stands and end zone area.
- Masks should be worn at all times even when physical distancing can be maintained.

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Golf	<ul style="list-style-type: none"> • Go through the daily screening process on your campus before leaving to competition. • Surveillance PCR testing, 25%-50% of student-athletes and personnel every 1-2 weeks or by daily antigen testing. 	<p>General Guidelines</p> <ul style="list-style-type: none"> • Masks shall be worn at all times by all individuals in attendance other than when engaged in competition. This includes the bench. • Physical distancing measures shall be in place at all times other than when engaged in competition. • Hand sanitizer should be available for all participants and encouraged to use frequently during event. • All equipment should only be sanitized by disinfectants from the EPA “List N: Disinfectants for COVID-19” • Have a plan for student athlete, staff/ officials that start to have COVID-19 symptoms during contests. (ex: isolation area for county and/or on campus) • Adhere to host school’s county guidelines. <p>Event Modifications</p> <ul style="list-style-type: none"> • Reach out in advance to golf facilities for practice rounds and competition for specific COVID related information. • Only essential personnel are permitted on the course. These are defined as student-athletes, coaches, event staff, officials and athletic trainers. • Players should use their own equipment and golf balls and should not touch other player’s equipment or golf balls. • Consider keeping the same pairings throughout the entire tournament. • Players should not touch the flagstick, bunker rakes or ball cleaning devices on the course. <ul style="list-style-type: none"> ○ If pins can be removed and bunker rakes are available: (one person in the group is designated to pull the pin and another to rake the bunker for the entire group) • Provide adequate spacing on the driving range between players/teams to maintain physical distancing. • For bad weather, all teams should return to their school provided transportation rather than all teams congregating in the clubhouse. <p>Pre-Post Meet Ceremony</p> <ul style="list-style-type: none"> • Suspend high fives, handshakes with opposing players and with teammates prior to and following the match. • Players will read their hole-by-hole scores to the official scoring table to limit the contact of scorecards. • All team and individual awards should be distributed to Head Coaches at the conclusion of scoring. No mass gathering award ceremonies. <p>Scorecards/Rules Sheets</p> <ul style="list-style-type: none"> • These will be pre-assembled into packets, pre-round to be distributed to head coaches only. • All players in groups should be listed on each scorecard. Keep ALL players in your group’s scores. Compare at the end prior to scoring. <p>Equipment & Accessories</p> <ul style="list-style-type: none"> • Place a bottle of hand sanitizer outside all outdoor bathrooms for use. • Consider having coaches keep the same cart for the entire tournament. • Sanitize all equipment and accessories after each game. <p>Rules Officials</p> <ul style="list-style-type: none"> • Referees will need to go through the daily screening station upon arriving at campus and to follow sport or county testing requirements. • Shall have the same golf cart assigned to them for the entire tournament. • Need to maintain physical distancing when making a ruling. • Have rules official’s phone number on the rules’ sheet for the tournament. • Rules officials will not give a player a ride for stroke and distance ruling.

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Soccer	<ul style="list-style-type: none"> Go through the daily screening process on your campus before leaving to competition. Testing all student athletes and personnel weekly by PCR testing or by daily antigen testing. Testing is also required 48 hours <u>before every</u> contest. 	<p>General Guidelines</p> <ul style="list-style-type: none"> Masks shall be worn at all times by all individuals in attendance other than when engaged in competition. This includes the bench. Physical distancing measures shall be in place at all times other than when engaged in competition. Hand sanitizer should be available for all participants and encouraged to use frequently during event. All equipment should only be sanitized by disinfectants from the EPA “List N: Disinfectants for COVID-19” Have a plan for student athlete, staff/ officials that start to have COVID-19 symptoms during contests. (ex: isolation area for county and/or on campus) Adhere to host school’s county guidelines. <p>Pregame Conference</p> <ul style="list-style-type: none"> Limit attendees to head or center referee, a single captain from each team and move the location to the center of the field. Maintain physical distancing and suspend handshakes prior to and following. <p>Team Benches</p> <ul style="list-style-type: none"> Players, coaches and game personnel are only permitted in the team bench area and must wear a mask. Extend team bench areas to the top of the penalty box (consider checkerboard pattern) or move to opposite sides of the field to maintain physical distancing. <ul style="list-style-type: none"> Move benches away from the sideline to allow for additional space. <p>Pre-Match and Post-Match Ceremonies</p> <ul style="list-style-type: none"> Physical distancing and masking requirement must be observed during all team meetings, huddles and during the playing of the national anthem. Suspend high fives, handshakes with opposing players and with teammates prior to and following the match. <p>Press Box</p> <ul style="list-style-type: none"> Limit to scoreboard operator, announcer and statistician while maintaining physical distancing and masking guidelines. <p>Substitution Procedures</p> <ul style="list-style-type: none"> Maintain physical distancing between teammates, opposing players and referees. <p>Ball Sanitization</p> <ul style="list-style-type: none"> The soccer ball should be cleaned and sanitized before and after each competition as recommended by the ball manufacturer. <ul style="list-style-type: none"> Consider rotating game balls to ensure a sanitized ball is available. <p>Equipment & Accessories</p> <ul style="list-style-type: none"> Players should be assigned a designated pinnie for the game. <ul style="list-style-type: none"> Consider assigning players a pinnie that they would use the entire season. Players shall utilize their own bag to store all personal gear in designated area. Sanitize all equipment and accessories after each game. <p>Water Bottles & Hydration Stations</p> <ul style="list-style-type: none"> Team members shall not share water bottles. Hydration stations may be utilized but should only be touched by individuals that have sanitized their hands and are wearing a mask. <p>Officials</p> <ul style="list-style-type: none"> Referees will need to go through the daily screening station upon arriving at campus and to follow sport or county testing requirements. Referees should observe physical distance requirements and be encouraged to wear masks at all times. If approached by a player or coach they must wear a mask when communicating with them. Officials should consider using an electric whistle.

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Softball	<ul style="list-style-type: none"> Go through the daily screening process on your campus before leaving to competition. Surveillance PCR testing, 25%-50% of student-athletes and personnel every 1-2 weeks or by daily antigen testing. 	<p>General Guidelines</p> <ul style="list-style-type: none"> Masks shall be worn at all times by all individuals in attendance other than when engaged in competition. This includes the bench. Physical distancing measures shall be in place at all times other than when engaged in competition. Hand sanitizer should be available for all participants and encouraged to use frequently during event. All equipment should only be sanitized by disinfectants from the EPA "List N: Disinfectants for COVID-19" Have a plan for student athlete, staff/ officials that start to have COVID-19 symptoms during contests. (ex: isolation area for county and/or on campus) Adhere to host school's county guidelines. <p>Pregame Conference</p> <ul style="list-style-type: none"> Limit attendees to head coach of both teams and game umpires. All individuals must maintain physical distancing of six feet and no handshakes. Consider alternate line-up card exchanges. <p>Team Dugouts</p> <ul style="list-style-type: none"> Coaches, game personnel and players are only permitted in the dugout and must wear masks. Physical distance requirements must be observed and if the dugout area is not large enough, players and game personnel should move outside of the dugout. <p>Pre-Match and Post-Match Ceremonies</p> <ul style="list-style-type: none"> Physical distancing and masking requirement must be observed during all team meetings, huddles and during the playing of the national anthem. Teams and umpires must maintain six feet between each other for the pregame introduction line. Suspend pre-match and post-match handshakes. <p>Mound Visit</p> <ul style="list-style-type: none"> Limited to the catcher, pitcher, and the coach on the mound. Maintain physical distancing and coach needs to use a mask. Infielders would be allowed to meet around the circle if instructions are being given about specific scenarios and physical distancing must be maintained. <p>Press Box</p> <ul style="list-style-type: none"> Limit to scoreboard operator, announcer and statistician while maintaining physical distancing and masking guidelines. <p>Equipment Sanitization</p> <ul style="list-style-type: none"> Consider having the host school or each school provide their own balls for the game when they are on defense or pitching. <ul style="list-style-type: none"> Each team should be in charge of retrieving their own foul balls. Minimize the sharing of playing equipment (batting helmets, catchers gear, bats) during game. Equipment must be sanitized between usages of players. <p>Equipment & Accessories</p> <ul style="list-style-type: none"> Players shall utilize their own bag to store all personal gear in the dugout. Sanitize all equipment, bases and accessories after each game. <p>Water Bottles & Hydration Stations</p> <ul style="list-style-type: none"> Team members shall not share water bottles. Hydration stations may be utilized but should only be touched by individuals that have sanitized their hands and are wearing a mask. <p>Umpires</p> <ul style="list-style-type: none"> Umpires will need to go through the daily screening station upon arriving at campus and to follow sport or county testing requirements. Umpires must wear masks at all times and should observe physical distance requirements when communicating with coaches, players and other umpires.

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Swim	<ul style="list-style-type: none"> Go through the daily screening process on your campus before leaving to competition. Surveillance PCR testing, 25%-50% of student-athletes and personnel every 1-2 weeks or by daily antigen testing. 	<p>General Guidelines</p> <ul style="list-style-type: none"> Masks shall be worn at all times by all individuals in attendance other than when engaged in competition. This includes the bench. Physical distancing measures shall be in place at all times other than when engaged in competition. Hand sanitizer should be available for all participants and encouraged to use frequently during event. All equipment should only be sanitized by disinfectants from the EPA "List N: Disinfectants for COVID-19" Have a plan for student athlete, staff/ officials that start to have COVID-19 symptoms during contests. (ex: isolation area for county and/or on campus) Adhere to host school's county guidelines. <p>Event Modifications</p> <ul style="list-style-type: none"> Have swimmers exit pool after their event from the opposite side of the starting block end, so as to not to cross paths with the swimmers at the starting area. Determine how to maintain physical distancing for swimmers competing in relays. <p>Pre-Event Meeting</p> <ul style="list-style-type: none"> Physical distancing and masking requirement must be observed during all team meetings, huddles and during the playing of the national anthem. Decrease number of participants or hold one conference with coaches and one meeting with captains while maintaining proper physical distance guidelines. Officials can use P.A. system or starting system microphone to allow participants to hear while maintaining proper physical distancing. <p>Swimming Warm-up Areas</p> <ul style="list-style-type: none"> Establish multiple warm-up sessions and consider scheduling team lane assignments and times for warming up. Have swimmers enter from one side of the pool and exit from the opposite end of the pool. Limit number of swimmers per lane during warm-up and warm-down periods. <p>Divining Warm-up Areas</p> <ul style="list-style-type: none"> Limit number of divers during warm-up by creating multiple sessions. During competition, divers may not approach the board until their turn to compete. Dive order sheets should be posted in multiple areas to reduce number of divers viewing at the same time. Hot tubs should not be permitted. <p>Team Area/Tent</p> <ul style="list-style-type: none"> Swimmers should be in their team area between races and limit the number of individuals in the competition area. Must wear masks and maintain physical distance while in the area/tent <p>Meet Officials</p> <ul style="list-style-type: none"> Masks should be worn at all times even if physical distancing can be maintained. <p>Diving Officials</p> <ul style="list-style-type: none"> Masks should be worn at all times even if physical distancing can be maintained. If physical distancing is not possible, consider spacing groups of judges on opposite sides of boards. <p>Referee & Starter</p> <ul style="list-style-type: none"> Consider using alternate methods of communication between officials, coaches and athletes. (i.e., utilization of the P.A. system, hand signals, etc.) <p>Submission of Entries to Referee</p>

- Consider alternative way to submit entry forms that can reduce face-to-face interaction.

Timers

- Timers should be limited to one per lane and maintain physical distancing the best they can from competitors.

Notification of Disqualification

- Notification should occur from a distance via use of hand signals or the P.A. system.

Equipment & Accessories

- Athletes shall utilize their own bag to store all personal gear during the meet.
- Sanitize all equipment and accessories after each meet.

Water Bottles & Hydration Stations

- Team members shall not share water bottles.
- Hydration stations may be utilized but should only be touched by individuals that have sanitized their hands and are wearing a mask.
 - If hosing event with multiple teams; consider having visiting teams bring cooler and host school will fill with water and ice for their personal use

Officials

- Officials will need to go through the daily screening station upon arriving at campus and to follow sport or county testing requirements.
- Officials must wear masks at all times and should observe physical distance requirements when communicating with coaches, swimmers, timers and other event staff.
- Officials should consider using an electric whistle.

SPORT	Screening & Testing	COVID-19 Modifications
Tennis	<ul style="list-style-type: none"> Go through the daily screening process on your campus before leaving to competition. Surveillance PCR testing, 25%-50% of student-athletes and personnel every 1-2 weeks or by daily antigen testing. 	<p>General Guidelines</p> <ul style="list-style-type: none"> Masks shall be worn at all times by all individuals in attendance other than when engaged in competition. This includes the bench. Physical distancing measures shall be in place at all times other than when engaged in competition. Hand sanitizer should be available for all participants and encouraged to use frequently during event. All equipment should only be sanitized by disinfectants from the EPA "List N: Disinfectants for COVID-19" Have a plan for student athlete, staff/ officials that start to have COVID-19 symptoms during contests. (ex: isolation area for county and/or on campus) Adhere to host school's county guidelines. <p>Pre-Match and Post-Match Ceremony</p> <ul style="list-style-type: none"> Physical distancing and masking requirement must be observed during all team meetings, huddles and during the playing of the national anthem. Suspend high fives, handshakes with opposing players and with teammates prior to and following matches. Pre-match introductions should have both teams line up on opposing singles sidelines. <p>Contest Warm Up</p> <ul style="list-style-type: none"> Assign team areas and what courts they will be warming up on prior to match. Players should practice physical distancing and each team should use their own tennis balls. <p>Competition</p> <ul style="list-style-type: none"> If matches will be played at tennis facilities, then need to reach out in advance to find out specific COVID procedures/guidelines. Players should switch sides between games on opposite sides of the court. If a ball from another court comes on court, send it back with a kick or with your racket. Scoring towers are permitted and should be managed in the following manner: <ul style="list-style-type: none"> Team duals, the scoring will be changed by the home team player. After every match, the scoring tower/balls will be sanitized. Player's seating must be physically distanced and seats will be cleaned after every match. <p>Scorer's table</p> <ul style="list-style-type: none"> Individuals must be physically distanced and wear a mask at all times. Players should maintain physical distance when they report their scores and return game balls directly into home team ball cart. <p>Tennis Ball Sanitization</p> <ul style="list-style-type: none"> New tennis balls will be used for every match. Assign balls to be used at specific courts, to make sure balls are not used on different courts. Consider spraying tennis balls briefly with a disinfectant spray (e.g., Lysol or Clorox) at the conclusion of play. <p>Equipment & Accessories</p> <ul style="list-style-type: none"> Players shall utilize their own bag to store all personal gear during the match. Players should sanitize all equipment and accessories, including racquets, towels, target cones, ball machines, etc. at the end of each competition. <p>Water Bottles & Hydration Stations</p> <ul style="list-style-type: none"> Team members shall not share water bottles. Hydration stations may be utilized but should only be touched by individuals that have sanitized their hands and are wearing a mask.

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| | | <ul style="list-style-type: none">○ If hosting event with multiple teams; consider having visiting teams bring cooler and host school will fill with water and ice for their personal use. |
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Official/Roving Umpire

- Officials will need to go through the daily screening station upon arriving at campus and to follow sport or county testing requirements.
- Officials shall follow physical distancing guidelines, should always wear masks.

SPORT	Screening & Testing	COVID-19 Modifications
Track & Field	<ul style="list-style-type: none"> Go through the daily screening process on your campus before leaving to competition. Surveillance PCR testing, 25%-50% of student-athletes and personnel every 1-2 weeks or by daily antigen testing. 	<p>General Guidelines</p> <ul style="list-style-type: none"> Masks shall be worn at all times by all individuals in attendance other than when engaged in competition. This includes the bench. Physical distancing measures shall be in place at all times other than when engaged in competition. Hand sanitizer should be available for all participants and encouraged to use frequently during event. All equipment should only be sanitized by disinfectants from the EPA "List N: Disinfectants for COVID-19" Have a plan for student athlete, staff/ officials that start to have COVID-19 symptoms during contests. (ex: isolation area for county and/or on campus) Adhere to host school's county guidelines. <p>Event Modifications</p> <ul style="list-style-type: none"> Check in & staging area <ul style="list-style-type: none"> Consider having additional event staff at the start/finish line to help organize and stage athletes as they go onto and come off the track while maintain physical distancing. Hip numbers or timing chips should be pre-packed for teams and distributed by the coach of the teams. <ul style="list-style-type: none"> Consider that athletes maybe doing multiple events. Have individual at start/finish line with extra hip numbers and to help check hip numbers. Timing chips should be returned in the same package as distributed in. To limit contact: athletes should retrieve their own implements after all throws. Implements must be sanitized between usages of multiple athletes. To lower the risk of these events meets can cover high jump or pole vault pits with a tarp that is removed and disinfected after each athlete (therefore multiple tarps needed to keep event moving). Sprint, Hurdle, relay events run entirely in lanes, may use every other lane to assist with distancing. <p>Pre-Meet Conference</p> <ul style="list-style-type: none"> Physical distancing and masking requirement must be observed during all team meetings, huddles and during the playing of the national anthem. Follow physical distancing guidelines when checking in at the start line, tabulations and posting of results. <p>Pre-Meet and Post-Meet Ceremonies</p> <ul style="list-style-type: none"> Suspend handshakes before or after the races/events. <p>Equipment Sanitization</p> <ul style="list-style-type: none"> The throwing equipment and batons shall be sanitized before and after each competition as recommended by the manufacturer. Starting blocks should be disinfected after each heat/race. Would be advisable to have hand sanitizer available for each student-athlete to use before and after using the blocks. Hurdle crew and anyone handling others throwing equipment will wear gloves and use hand sanitizer often. <p>Scorers'/Timers' Area</p> <ul style="list-style-type: none"> Limit to essential personnel and need to always maintain physical distancing and masking guidelines. Consider posting all results electronically for coaches/teams. <p>Team Area/Tents</p> <ul style="list-style-type: none"> Athletes should be in their team area between races/events and warm up and cool down in designated area. Must wear masks and maintain physical distance while in the area/tent.

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| | | <ul style="list-style-type: none">• Tents should be physically distanced from other teams. <p>Equipment & Accessories</p> <ul style="list-style-type: none">• Athletes shall utilize their own bag to store all personal gear during the meet.• Sanitize all equipment and accessories after each meet. <p>Water Bottles & Hydration Stations</p> <ul style="list-style-type: none">• Team members shall not share water bottles.• Hydration stations may be utilized but should only be touched by individuals that have sanitized their hands and are wearing a mask.<ul style="list-style-type: none">○ If hosing event with multiple teams; consider having visiting teams bring cooler and host school will fill with water and ice for their personal use. <p>Officials and Event Staff</p> <ul style="list-style-type: none">• Officials and event staff will need to go through the daily screening station upon arriving at campus and to follow sport or county testing requirements.• Need to wear masks at all times and should observe physical distance requirements when communicating with coaches, players and other event personnel. |
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SPORT	Screening & Testing	COVID-19 Modifications
Volleyball	<ul style="list-style-type: none"> Go through the daily screening process on your campus before leaving to competition. Testing all student athletes and personnel weekly PCR three times per week on nonconsecutive days or daily antigen. Testing is also required 48 hours <u>before every</u> contest. 	<p>General Guidelines</p> <ul style="list-style-type: none"> Masks shall be worn at all times by all individuals in attendance other than when engaged in competition. This includes the bench. Physical distancing measures shall be in place at all times other than when engaged in competition. Hand sanitizer should be available for all participants and encouraged to use frequently during event. All equipment should only be sanitized by disinfectants from the EPA “List N: Disinfectants for COVID-19” Have a plan for student athlete, staff/ officials that start to have COVID-19 symptoms during contests. (ex: isolation area for county and/or on campus) Adhere to host school’s county guidelines. <p>Pre-Game Conference & Deciding Set Procedures</p> <ul style="list-style-type: none"> Limit attendees to one player/captain from each team, first referee and second referee. Have the conference and coin flip moved to center court, with the individuals maintain physical distancing and masking. <p>Team Benches</p> <ul style="list-style-type: none"> Suspend the protocol of teams switching benches between sets. <ul style="list-style-type: none"> In the event there is a clear and distinct disadvantage, teams may switch sides, observing all social distancing protocols. Officials will determine if a disadvantage is present. Benches must be sanitized in the event teams switch benches. Consider limiting the number of chairs used on the bench for only coaches and have players stand. Both groups need to observe physical distancing and wearing a mask while on the bench. <p>Substitution Procedures</p> <ul style="list-style-type: none"> Maintain physical distancing of six feet between the second referee and the player and substitute by encouraging substitutions to occur within the substitution zone closer to the attack line. <p>Officials Table</p> <ul style="list-style-type: none"> Limit to essential game management personnel and need to maintain physical distancing and masking guidelines at all times. A new towel should be used every time sweat/moisture is wiped up on the court. <p>Pre-Match and Post-Match Ceremonies</p> <ul style="list-style-type: none"> Physical distancing and masking requirement must be observed during all team meetings, huddles and during the playing of the national anthem. Suspend high fives, handshakes with opposing players and with teammates prior to and following the game. <p>Volleyball Sanitization</p> <ul style="list-style-type: none"> Consider utilize at least a three-ball rotation, to ensure that anytime a ball goes out of play it shall be sanitized before returning to the rotation. <p>Ball rollers</p> <ul style="list-style-type: none"> Need to wear a mask at all times and gloves if they are sanitizing volleyballs. <p>Equipment & Accessories</p> <ul style="list-style-type: none"> Players shall utilize their own bag to store all personal gear during the match. Sanitize all equipment, towels and accessories after each match. <p>Water Bottles & Hydration Stations</p> <ul style="list-style-type: none"> Team members shall not share water bottles. Hydration stations may be utilized but should only be touched by individuals that have sanitized their hands and are wearing a mask.

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- Officials will need to go through the daily screening station upon arriving at campus and to follow sport or county testing requirements.
- Officials shall follow physical distancing guidelines, should always wear masks.
- Officials should consider using an electric whistle.

SPORT	Screening & Testing	COVID-19 Modifications
Water Polo	<ul style="list-style-type: none"> • Go through the daily screening process on your campus before leaving to competition. • Outdoor Pool - Testing all student athletes and personnel weekly by PCR testing or by daily antigen testing. Testing is also required 48 hours <u>before every</u> contest. • Indoor Pool - Testing all student athletes and personnel weekly PCR three times per week on nonconsecutive days or daily antigen. Testing is also required 48 hours <u>before every</u> contest. 	<p>General Guidelines</p> <ul style="list-style-type: none"> • Masks shall be worn at all times by all individuals in attendance other than when engaged in competition. This includes the bench. • Physical distancing measures shall be in place at all times other than when engaged in competition. • Hand sanitizer should be available for all participants and encouraged to use frequently during event. • All equipment should only be sanitized by disinfectants from the EPA “List N: Disinfectants for COVID-19” • Have a plan for student athlete, staff/ officials that start to have COVID-19 symptoms during contests. (ex: isolation area for county and/or on campus) • Adhere to host school’s county guidelines. <p>Pregame Conference</p> <ul style="list-style-type: none"> • Limit attendees to officials and player/head coach from each team. • All individuals must maintain physical distancing and suspend handshakes. <p>Referees Control Over Conduct</p> <ul style="list-style-type: none"> • Consider alternative methods of communication between head coach and/or captains with the referees to encourage physical distancing. <p>Team Benches</p> <ul style="list-style-type: none"> • Teams should be seated on opposite sides of the pool and away from the official’s table. • To promote physical distancing, substitute players may be in the water outside the field of play and away from the goal. • Coaches and players on the bench need to observe physical distancing and wearing a mask. • Head coaches shall sit or stand behind the goal line in the team area when the team is on defense and shall maintain 6-feet of distance from players and officials. • Suspend the protocol of teams switching benches between quarters, unless this leads to an unfair advantage due to sunlight. Benches must be sanitized in the event teams switch benches. <p>Pre-Match and Post-Match Ceremonies</p> <ul style="list-style-type: none"> • Physical distancing and masking requirement must be observed during all team meetings, huddles and during the playing of the national anthem. • Suspend high fives, handshakes with opposing players and with teammates prior to and following the game. <p>Officials Table</p> <ul style="list-style-type: none"> • Limit to essential game management personnel and need to maintain physical distancing and masking guidelines at all times. <p>Equipment Sanitization</p> <ul style="list-style-type: none"> • Teams should only use their own balls for warm-ups. • The polo ball should be cleaned and sanitized before and after each competition as recommended by the ball manufacturer. <p>Equipment & Accessories</p> <ul style="list-style-type: none"> • Players shall utilize their own equipment (swim cap, suit) • Players shall utilize their own bag to store all personal gear during the match. • All equipment and accessories should be sanitized after each game. <p>Water Bottles & Hydration Stations</p> <ul style="list-style-type: none"> • Team members shall not share water bottles. • Hydration stations may be utilized but should only be touched by individuals that have sanitized their hands and are wearing a mask. <p>Officials</p>

		<ul style="list-style-type: none">• Officials will need to go through the daily screening station upon arriving at campus and to follow sport or county testing requirements.• Officials shall follow physical distancing guidelines and should always wear masks.• Should consider using an electric whistle.
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SPORT	Screening & Testing	COVID-19 Modifications
Wrestling	<ul style="list-style-type: none"> Go through the daily screening process on your campus before leaving to competition. Testing all student athletes and personnel weekly by PCR testing or by daily antigen testing. Testing is also required 48 hours <u>before every</u> contest. 	<p>General Guidelines</p> <ul style="list-style-type: none"> Masks shall be worn at all times by all individuals in attendance other than when engaged in competition. This includes the bench. Physical distancing measures shall be in place at all times other than when engaged in competition. Hand sanitizer should be available for all participants and encouraged to use frequently during event. All equipment should only be sanitized by disinfectants from the EPA “List N: Disinfectants for COVID-19” Have a plan in place if student athlete or staff starts to have COVID-19 symptoms during contest, isolation/quarantine area for county and/or on campus. Adhere to host school’s county guidelines. <p>Weigh-ins</p> <ul style="list-style-type: none"> Should be completed one team at a time. <p>Team Benches</p> <ul style="list-style-type: none"> Limit the number of bench personnel and add additional chairs or rows (checkerboard pattern) to allow bench personnel to observe physical distancing of at least 6-feet. Athletes not participating should observe physical distancing and wearing a mask while on the bench. <p>Warm-ups</p> <ul style="list-style-type: none"> When available, have both teams warm-up in separate areas. (ex; the home team can use their wrestling room and visiting team use the competition mat) <p>Officials’ Table</p> <ul style="list-style-type: none"> Limit to essential game management personnel and need to maintain physical distancing and masking guidelines at all times. <p>Pre-Match and Post-Match Ceremonies</p> <ul style="list-style-type: none"> Physical distancing and masking requirement must be observed during all team meetings, huddles and during the playing of the national anthem. Suspend high fives, handshakes with opposing players and with teammates prior to and following matches. <p>Equipment Sanitization</p> <ul style="list-style-type: none"> Ideally the mat should be sanitized after warm ups and after each match. Athletes shall utilize their own bag to store all personal gear in designated spot. All equipment (head gear, face protector, etc.) should be sanitized after each meet. <p>Water Bottles & Hydration Stations</p> <ul style="list-style-type: none"> Team members shall not share water bottles. Hydration stations may be utilized but should only be touched by individuals that have sanitized their hands and are wearing a mask. <p>Officials</p> <ul style="list-style-type: none"> Officials will need to go through the daily screening station upon arriving at campus and to follow sport or county testing requirements. Officials shall try to follow physical distancing guidelines when possible and should always wear a mask. Should consider using an electric whistle.