



### CCATA BUSINESS MEETING

APR 1, 2021 10:30 AM – 12:02 PM

MEETING LINKS:

COMPUTER OR JOIN FROM PC, MAC, LINUX, IOS OR ANDROID: [HTTPS://CCCCONFER.ZOOM.US/S/94893826942](https://cccconfer.zoom.us/j/94893826942)

OR IPHONE ONE-TAP: +16699006833,,94893826942# OR +12532158782,,94893826942#

OR BY TELEPHONE : +1 669 900 6833 OR +1 253 215 8782 OR +1 346 248 7799 OR +1 646 876 9923 OR

+1 301 715 8592 OR +1 312 626 6799

MEETING ID: 948 9382 6942

59 PARTICIPANTS ON THE ZOOM CALL.

PRESIDENT UPDATE

BRANDON JOHNSON

Thanks all members, board members and past presidents. More and more schools are starting to play games, 15 inning baseball game. 3CAA has the board meeting tomorrow and Brandon extends an invitation to everyone to join.

SOUTH VP UPDATE

MARIA CASTRO

No South meeting this year, working groups taking up all the time. We will see how things open up and see if we can have one this summer. She is in LA County and parts are open where others aren't. More news on that to come. All the reps are doing great, meeting more than they ever have before. The working group is putting together plans and working night and day to create the resources that are available. Reach out to conference reps or Brandon or Warren or Dennis. Content is on the website.

NORTH VP UPDATE

WARREN VOYCE

Working group meetings have been working hard. Conferences in the North leading the way early on because they could get back in person sooner than most other conferences. Well done to some groups in the North. Erik Imrie at Lassen college passed away and Warren would like to recognize him and his family.

TREASURER UPDATE

DENNIS GOEBEL

Membership is now at 44.8% and look at the website to see if you are a member. Put a check in the mail and send it to him. The Board will address this but we may move to Venmo. Our balance is \$8360.89



## Meeting Minutes

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### SECRETARY UPDATE

MEREDITH DILLON

Charles Ramos nominated our two winners: Alexis Esparza and Isaac Ofori from DVC. Both students will get a \$500 scholarship award this year. Congratulations.

### SPORTS REP UPDATE

JAMIE DEROLLO

A lot are doing a great job of attending meetings and some are still having a problem getting a foot in the door with the sports organizations. Working on getting more involvement. Still have women's golf rep available and swim and dive rep still available. We are looking for volunteers. Tomorrow morning baseball and softball having a meeting, starting to move forward with being on the same page. Email Dave Beymer if you can't make it to the meeting and he will send you the video recording. Meredith recommended putting it online. Jaime said that she didn't recommend the entire meeting but just the recommendations at the end.

### CONFERENCE REP UPDATE

#### North

**Big 8:** Jaime- have been meeting on zoom more often (every two weeks) with great response and discussion. DVC been conditioning since July 2020 and some Los Rios schools just starting. No job openings or retirees. Hoping MJC will have one. Monica from Santa Rosa is on the Diversity Committee and is working on bringing a diversity talk to the CCCATA. Dr Carlita Warren worked with the Board and is going to provide an 1.5 hour talk—looking for a time in May to bring this.

**Coast:** David: Met a lot more towards the beginning of the semester because a majority of the schools are going for Spring 2. Spring 1 sports gave us clarity on how it all worked. Meeting tomorrow to talk about baseball and softball.

**Golden Valley:** Mario: Meet every other week and things are going well. A couple scrimmages between baseball and basketball. Working through the official piece about testing, but otherwise running smooth.

**Bay Valley:** Alison: Back on campus and are testing on campus as well. Created Big Covid Valley Conference Bay Valley.

**Central Valley:** Anja: Meeting a lot, currently meeting monthly. Schools are getting ready for Spring 2. Fresno City is hiring for a third athletic trainer. All the high schools are hiring in Fresno as well.

#### South

Orange Empire: No report



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South Coast: Diane: All schools opted out of Spring 1. LACCD school won't come back till summer. Meeting periodically.

Inland Empire: Todd: Meeting not too long ago, all over the place with what's going on. Cerro Coso is the furthest along. Desert is the furthest behind (3 sports for fall).

Western State: Sarah: Not much of an update, the conference met frequently. Overall a smooth process and the relationship with AD's is good to communicate AT concerns. All the conference schools are in difference phases of return.

Pacific Coast: Tosh: No spring 1 or 2. No competition in San Diego. Trying to get back to outdoor conditioning. Mira Costa looking for a Part Time AT (Covid specialist). Looking for per diem athletic trainers to help out and running into issues trying to find more help.

### AT OF THE YEAR

WARREN VOYCE

Proud to announce Chad Peters from College of the Canyons. He has been an amazing part of the organization. He did a great job of serving students and he has done that at his school for a long time. Served as Vice President and President for the CCCATA and is now in an administrative role at his college. Congratulations.

### HALL OF FAME NOMINATIONS

MARIA CASTRO

Put out an email requests for nominations and is extending it to next week. One from the South and one from the North. Look at the past recipients- you only get into the HOF once. Email Maria so we can make the determination and we announce at FWATA.

### 3CATA COVID WORK GROUP

BRANDON JOHNSON

Thank you to the members on the working group for helping along the process. Management council business meeting there has been a lot of appreciation and thanks for all the hard work. Getting a lot of questions from AD's and AT's trying to figure out logistics with rules and testing. Our game day subgroup came up with game day documents for sport specific and communicating recommendations. All the information is on the webpage. Rumor mid April will put out a new document about updated medical guidelines.

### MEDICAL ADVISORY BOARD

JUNIOR DOMINGO/ MONICA OHKUBO

Junior- Thank you to the CCCATA for allowing them to be liaisons on this pilot program. Put together 5 physicians and they met in January. Discussed the roles and it with the idea that the group provides perspective and guidance and clout to the CCCATA. Will have a meeting in July and will also meet as needed. Topics or concerns that the CCCATA has, make sure to contact Junior and Monica to get the questions to the group.



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Questions- looking to get their guidance on bylaws and concussion protocol?

Junior- Yes! They don't want to drive policy, only want to provide guidance.

Brandon- The Constitution committee is looking to revamp bylaws. Our association will take this on with Bylaw 9 and concussions. When? Don't know because of Covid.

### LEGISLATION

BRANDON JOHNSON

Vote is at 1:45 today. As president Brandon has the vote. Main ones P9- move basketball to a semi spring sport- sounds like it will get voted down- the direction is no. P10 and P11 for beach volleyball with two additional dates to 14 dates. Vote yes. P12: football looking to start a week early. Bye-week plays into this. Vote No. Discussion about the pros and cons here. The general consensus is that this is a bad idea because of staffing, physicals, 10 month 11 month positions.

### 3CAA HEALTH AND WELLNESS COMMITTEE SURVEY

Alison- what the survey served. Since 2018 the board wanted the student athletes to fill out the survey. It went out before Covid- recommendations on data: 3500 student athletes across the state.

1. We need to address nutrition and food insecurity. 2. Develop a mentor program to help student athletes navigate the system of the CCC. 3. Strengthen concussion training and education so they make sure the student athletes can understand. 4. Number of hours spent in a sport came down to 25 hours a week. Coaches can address this. 5. Opioid use. 6. Sleep deprivation the average was 6 hours with a low of 4 hours. Education needs to happen here. 7. Trans and non-conforming issues. 8. Impact of Covid 19. 9. Offer professional development for all involved in athletic support. 10 Lift voices of athletes and create an Advisory Board to get their voices heard. Normalize mental health and educate. Balance of life/school/sports/parenting. Revisit all bylaws that impact health and wellness. Have a policy that addresses all these aspects that affect student athletes. Educate and advise statewide policy makers. These are the recommendations from the study if you have any questions reach out to Alison.

### ADDITIONAL BUSINESS

Alison- CARES act money, she has written a proposal to get funds for the sports medicine programs.

Jose: Bylaws- it doesn't say an AT has to be present at practices? Is that correct? Are we looking to address this. Definitions about football- what is live-contact football?

Brandon answers the football question: CCCATA is working on communicating with the coach's association to define what the 15 days looks like. There is specific wording on live contact, live contact tackling, THUD...they are working on getting something together right now. You do not have to have an AT at practice.



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Jose: How do you fight for staffing when the bylaw says you only need an AT at games? Wouldn't we want to start with mandating ATs at practice?

Dennis- Great idea but we can only make recommendations, and we can't tell other schools what to do.

Industry standard? To have an AT at practice.

Sounds like this is a school-by-school practice. Looking for ways to move forward with possible legislation.

Dennis- FWATA has been cancelled but the golf tournament is still going on! April 15<sup>th</sup> shotgun start at 1:15pm. Email him for more information.

Jamie- Asked if other schools are doing mass physicals? Discussion about what schools are doing. Some stopped them, but others are still doing them.