



3CATA FALL MEETING MINUTES

NOVEMBER 6, 2024

10:30am – 11:30am

<https://riohondo-edu.zoom.us/j/87063565897?from=addon>

PRESIDENT – MARIA CASTRO

Spring Sport Legislation to note for ATs- vote on Thursday- vote in the chat against otherwise she will vote in favor.

S-3-S25 Baseball Practice opportunities for playoffs day before if needed (an hour) Q: Do ATs have to open clinics for treatments? A: ATs need to work this out between ATs. Warren: Have the baseball sports rep coordinate the medical needs. - PASSED

S-4-S25 Baseball Increasing batting practice time by 5 minutes added on for post season - PASSED

S-7-S25 Swimming increase to 4 days of championship. Putting relays on Wednesday (another day of coverage)- DID NOT PASS

S-10-S25 Men's VB increasing dates of competition from 21 to 24 (new format works best with 24 games) - PASS

Yearly Legislation to note for ATs – What 3CATA put in

1. P15 Unattached athletes can receive medical services at events- unopposed in management council- this will go through and be well received.
2. P33 AT to be required at each event during postseason- a couple of questions about editorial changes, for the most part they are all for it. Questions about coverage- the local schools can adjust the time of the competitions to fit the coverage.
3. P34 Concussion language updated- no issues with it and will go through.
4. Change verbiage on other legislation moving forward. Q: Clarification. A: Clarifying wording about physicals done before first competition. Took out CARA hours because some ATs can't get physicals in June or July because of vacation schedule.

Legislation information coming through cycle



Meeting Minutes

1. P20 removed the need for physicals for tryouts if approved- this is for the “evaluations” but it is tryout. He put in wording that if he wants to do a “camp”. Each campus has their own operating procedure on how they handle tryouts and leaving it up to the schools to handle.
2. P22 Baseball wants to increase from 40-44 games- increasing the number of dates/increase games
3. P27 NT Tennis wants to increase from 2 dates to 6 so they can play tournaments
4. O-1 Switching the 1st and 2nd round of BASE playoffs so 1st weekend is 3 teams used to have 12 sites this would make it 8 sites- less sites, more work.
5. O-2 BASE conference champs to host 1st round of regionals-

NORTH VP – WARREN VOYCE

Working with conference reps getting the list updated. (2 back to back terms then you have to get off) When they started so we can start doing term limits. Sport reps are working hard to get more information from them. More flexibility serving on sports reps with back to back terms (you can do repeat years). Working on the 3CATA Conference in May in Palm Springs with getting vendors. North input for educational component for the conference, please contact Warren. Let’s all get to Palm Springs! It was fun.

SOUTH VP – TONY ONTIVEROS

Presentation committee Elva asked if you have someone, to get their name in if interested. Vendors- will send out invitations this week- if you have any vendors that were not there last year, send their contact info to Tony. Each year over a million dollars goes through vendors from the CCC, so that is a selling point. Get that info to Tony ASAP. Directory- get it up to date and the new ATs. Update the email list so we can get the info out.

TREASURER – TODD BABCOCK

Financial report- last year fiscal- trying to be transparent. Taxes filed and annual report. Beginning Balance on 7/1/2023 of \$4,320.20 Income of \$22,102.46 Expenditures of \$15,718.88 Ending Balance on 6/30/2024 of \$10,703.78 Operating Budget – Will be made available on the web site for review. Projected income and expenditures are similar to last year - \$21,000 in and 16,000 out leaving approximately \$17,000. Once established and comfortable with sources of income, adjustments will be made with regard to Scholarships, Awards, Donations and operational costs. Current discussion resulted in an addition of a \$500 scholarship. 2024-2025: Beginning Balance on 7/1/2024 of \$10,703.78 Income of \$2,050.00 Expenditures of \$793.76 Current Balance of \$11,960.02.



Meeting Minutes

SECRETARY – MEREDITH DILLON- SEE AWARDS REPORT BELOW.

SPORTS REP CHAIR – JAMIE DEROLLO

Val Calderon College of the Desert. North Football rep been open for the last year, men's golf and swim and dive are open.

CONFERENCE UPDATES

NORTH

Big 8 – Heather Swanson- went over legislation at the AD meeting, added women's wrestling, expanding beach volleyball as well.

Coast – David Beymer- new faces in the conference 3 FT at Hartnell. Q: how do we deal with non-traditional games against club teams. Person in the conference concerned about softball club team. Maria will bring this forward to Jennifer and come back with information. Comment- similar as alumni games? Yes it is because of no medical background.

Golden Valley – Haley Mulvihill- No report

Bay Valley – Brandon Lucas- No report

Central Valley – David Holford- Reedley added full time athletic trainer Prince Williams, COS has added Matthew Contreras as 4th FT. Clovis is starting volleyball. Taft is hiring a 2nd FT.

SOUTH

Orange Empire – Nate Swift- Conference has sponsorship HOAG Orthopedic Institute. Conference has money now. Flag football is coming down the pike. This conference already has two schools with club. Official sport with 3C2A is coming. Maria- Put together a conference rep meeting to discuss how you got conference sponsorship.

South Coast – Abi Francisco- Cerritos hired Ashley. Mt Sac is still looking for a 20 hr. El Camino 20 hour. Spring 2025 having a vote for a new conference rep. Rudy resigned hiring two full time PCC.

Inland Empire – Amy Wilkin- Request for the tribute patches, a lot of people wanted them and they will be shipped out. Steven Bickle is the new AT at Cerro Coso. Felipe Contreras at Copper Mt. Jennifer Garcia at Chaffey. 2 positions opening San Bernardino FT positions. Keith is there by himself now. Patches may be given to the Ads to give to the conference reps- still working it out.

Western States – Alexis Pitcher- No report



Meeting Minutes

Pacific Coast – Tosh Tepraseuth- Tony giving the report- Mira Costa hired, Southwestern 3rd, Mesa added a 3rd FT, Cuymaca has a FT, Imperial Valley will be adding a second soon. Congrats to the schools adding a 3rd.

COMMITTEE UPDATES

LEGISLATION – DAVID BEYMER

Going through the cycle now. Next project CCCATA Board Terms. VPs are a 9 year sentence. Clean that up. If there is anything legislative wise, we can work on that in the spring.

MEDICAL ADVISORY BOARD – MONICA OHKUBO / JAIME ADAMS

Not a lot on an update. Haven't met but if there any concerns, take to the board.

PROFESSIONAL DEVELOPMENT / ADVANCEMENT – MARY AJA / ELVA SALCIDO-

Tool box for the webpage on policy and procedures, standing orders, EAPs, working on a toolbox for collaboration for best practices. CEU opportunities, conference meetings if you want CEUs, email Maria at the Rio Hondo email address. 10 days before your meeting. She will publish info in early December. If conference meetings, vendors can help with offsetting cost of things.

SOCIAL MEDIA

Juan Cuevas- Keep getting tags in your posts so he can repost. Riverside has their students do it. Tag 3CATA.

WEBSITE

Todd Babcock- there will be a page for each committee. He wants you to create it and send it to him. The format, he will figure that out. Give Todd the information, give him all the details and why we want to put it up there. Do the grunt work first. Daunting process but he will get to it.

AWARDS – MEREDITH DILLON

Athletic Trainer of the Year- Winner announced mid-February to align with the 3C2A Spring Meeting where the AT will be honored at the luncheon.

Hall of Fame- Previous nominees will be listed on the ballot, please look to the website for our current list of Hall of Famers and nominate an individual who has demonstrated a career of service and longevity at the CCC.

Special Service Award- Any AT in our organization who has served with distinction and deserves to be recognized.



Meeting Minutes

Appreciation award- Someone who offered support above and beyond in the service of an AT or CCC student athlete.

Life Saver Award

Student Intern Scholarship-

Please include specific details in your nomination form and members of the committee can further corroborate. Only dues paying members can nominate. Visit the website for previous winners. Check your email in January for the nomination form.

MEMBERSHIP

Kelly Wierema- sent out the email and it is going well 43% of schools have paid. She will send out reminder emails. Put everything they need in front of them. Reminder- all the new people- please let us know. The directory is a live document. Keep a better count and membership numbers.

EQUITY / DIVERSITY / INCLUSION- KAYTLYN BLANK

Met a few weeks ago, highlight an athletic trainer in our conferences for doing good work and get that info to Juan. Link in the Instagram page.

ANNUAL MEETING

Annual meeting will be held at the Renaissance Hotel again in Palm Spring May 30-31- Thanks to Nate and Elva, going back to the Renaissance- we will do a save the date and put it on the calendar working to finalize the speakers and CEU's and trying to keep costs down.

Working to finalize speakers and CEUs

Working on donations so if you have a sponsor, please contact Tony or Warren.

Let Maria know if there is a school where there is no AT so we can contact the AD to hire appropriately.

If you want to volunteer please reach out!